

Who can teach the course?

The course is designed to be taught using a co-leader training model. Individuals who are interested in being trained to teach the curriculum **must** meet the following criteria:

- Be the parent or other primary caregiver of an individual who began experiencing symptoms prior to the age of 13 (it is not necessary that the child has been formally diagnosed prior to 13). It is important that all individuals trained in this curriculum have lived through the experiences of having a young child with a mental illness.
- Be at a point in their life where they are familiar and comfortable with the emotional issues families face and can self-disclose about their own feelings of guilt, anger, shame, ambivalence and grief regarding their life situation.
- Be willing to participate in an intensive weekend training on how to teach the curriculum.
- Be willing to make the commitment to participants in the course, the co-leader and to the NAMI organization to complete the 15-hour course once it begins.

Taking the NAMI Basics class is not a requirement for becoming a NAMI Basics instructor.



NAMI Basics Education Program Instructor Application

Name _____ Date _____

Home Address _____ County _____

City _____ State _____ Zip _____

Phone: (cell) _____ Home: _____

Can we leave a message _____ Email _____

1. Are you a member of NAMI? Yes No

If yes, list your affiliate: _____

2. Have you ever taken the NAMI Basics Course? Yes No

3. Have you ever taken any other NAMI educational courses (Family to Family, Peer to Peer)? Yes No

4. Have you been trained to lead any other NAMI educational course(s)? _____
If so, please state which courses and the approximate date and location of your training:

Are you actively leading any of these courses, or plan to in the near future?

5. Are you a parent or other direct caregiver of an individual who developed symptoms of mental illness before the age of 13? Yes No

6. What is the age of that individual now? _____ years

8. Has he/she been given a diagnosis? Yes No

If yes, what is the most current diagnosis? _____

9. How long has he/she exhibited symptoms of mental illness? _____ years

10. Does/did your child attend public school? Yes No

If no, what type of educational program is/was your child involved in?

11. Has your child graduated from High School? Yes No If so, when? _____

12. Why you would like to become a NAMI Basics Instructor?

13. Your experiences with a child or adolescent with a mental health condition.

14. Teaching NAMI Basics requires a time commitment: a weekend training session, the course itself (6 sessions at 2.5 hours each, for a total of 15 hours), plus time to prepare for each course (helping to recruit & screen class participants, preparing course materials, submitting evaluations, etc.). Do you feel that you have sufficient time in your personal schedule to devote to co leading NAMI Basics?

15. Will you agree to commit to co leading at least 2 NAMI Basics courses in your county of residence within the 2 calendar years following your completion of the NAMI Basics training when courses are available?

16. Do you know who you will be co leading with? If yes, please provide their name:

17. Please list any accommodations we should be aware of

Please supply the names and phone numbers of two references: (Not affiliated with NAMI, if possible)

I understand that submitting this application does not guarantee a spot in a training.

Signature of Applicant

Date



Please send one copy of this application to your local affiliate.
NAMI Greater Mississippi Valley
Education Coordinator
1035 W. Kimberly Rd. Ste. 4
Davenport, Iowa 52806
Email: education@namigmv.org