



nami

National Alliance on Mental Illness

Greater Mississippi Valley

NAMI Greater Mississippi Valley

(located inside CASI, the Center for Active Seniors)

1035 W Kimberly Rd, Davenport, IA 52806

www.namimv.org • (563) 386-7477, Ext. 266



NAMI by the NUMBERS: 2018

Family-to-Family Education Program

**5 Classes | 81 Enrolled
56 Graduated**

This 12-week program is designed for family and friends of adults living with a mental health condition.

NAMI Basics Education Program

**3 Classes | 19 Enrolled
12 Graduated**

This 6-week program for caregivers was taught in partnership with Robert Young Center's intensive outpatient therapy program for youth.

Homefront Education Program

**1 Class | 2 Enrolled
2 Graduated**

Endorsed by the Veterans Administration, this is a 6-week course designed to meet the unique

needs of Service Member Families supporting a veteran or active duty military.

Community Outreach

35 Events | 3,281 Reached

NAMI Member Programs

5 Events | 108 Attended

Inquiries

**NAMI Services – 182
Community Services Redirect – 88
Member Contacts – 72**

Key Funding Sources

**NAMIWalks event - \$111,391
Grant Awards - \$83,765
Donations - \$9,980
Memorials - \$6,496**

Grants Support Family Education Expansion & Outreach

Eastern Iowa Mental Health Region provided a one-time grant for five Family-to-Family Education Programs across its five-county region. NAMI's program helps these counties meet their legislative mandate for strengthening a family support structure.

Grants from the Quad Cities Community Foundation, UnityPoint Health Robert Young Center and United Way, and Theisen's Farm, Home, Auto stores helped us expand the NAMI Basics family education program in the Quad Cities.

The Amy Helpenstell Foundation provided its second year of support for strategic outreach. These funds were important as we leveraged our efforts against new grants for program expansion.

Rock Island Arsenal Welcome Club & The American Legion Foundation of Iowa provided grants to support in part the outreach and costs for Homefront Family Education program for active-duty and veteran Service Member Families.

The Friendly Thrift Center, Davenport, provides an annual grant that pays stipends and travel expenses for In Our Own Voice presenters to speak to schools, civic groups, churches and law enforcement. This program is an important outreach tool in building community understanding.



Bettendorf High School Surround Sound varsity show choir broke stigma barriers in 2018 as they presented a competition routine that focused on finding

help for a mental illness. Performers moved through a medley of songs ranging from dark to light. The start of each show urged audiences to "ensure that everyone always knows they are not alone, they are cared for, and there are people to help." Students and staff raised nearly \$1,000 for NAMI.



**Save
the Date**

**Saturday, September 21
Location to be Announced**



Seminar Helps Families Access Services

With the help of several area foundations, NAMI GMV was the first affiliate in the nation to launch this new seminar following its official release. This seminar is

led by NAMI education program instructors who tell their personal family stories of supporting a loved one living with

a mental health condition. They also provide information on mental health conditions and available community services. A seminar schedule is available at www.namigmv.org.

A grant from the Regional Development Authority makes it possible to hold 12 seminars in Scott County through 2019. The Doris & Victor Day Foundation, Moline Foundation, Rauch Family Foundation and Rock Island Community Foundation makes it possible to hold seven seminars in Henry and Rock Island Counties through 2019.

NAMIWalks Wraps-Up at 93 Percent of Goal

898 persons registered for our September 22, 2018 event. This is our largest effort to advocate for good mental health and community support. In addition to families, we enjoyed the support of many religious, education, civic and corporate organizations – raising \$111,391 and turning out 66 walk teams.



NAMI family instructor Bettina McWilliams (l) is with Miss Iowa Mikhayla Hughes-Shaw and Christian White.



Walk manager Emilyne Slagle (l) and volunteer Kat Franks.



UnityPoint Health – Trinity and Robert Young Center Team Psyched was the top fundraising team with \$9,073. At center is CEO Rick Seidler who served as the 2018 Honorary Walk Chair.

National Elite Sponsor – Alkermes

National Walk Partners – Takeda, Lundbeck

Local Presenting Sponsors – UnityPoint Health – Trinity, UnityPoint Health – Robert Young Center

Major Sponsor – KWQC TV-6

Gold Sponsor – Sears Manufacturing

Silver Sponsors – iHeartMedia, Modern Woodmen of America, Quad City Times, St. Paul Lutheran Church

Start/Finish Line Sponsors – Advance Homes Inc., Chief's Bar & Grill Silvis, Randy & Linda Lewis, Lundbeck, WVIK Quad Cities NPR

Bronze Sponsor – Amicare Pharmacy, Bettendorf High School & Surround Sound Varsity Show Choir, Bucktown Center for the Arts, IMEG, Fresh Thyme, Janssen Pharmaceuticals Inc., KALA FM, Dr. Richard & Judy Kreiter, Life is Beautiful Concert, Necker's Jewelers, Northwest Bank & Trust, Printing Plus, Rock Island County Mental Health 708 Board, Vera French CMHC

Supporter Sponsor – Anderson Lower Whitlow PC, The ARTery Gallery, Batteries Plus Bulbs, Blair Westfall & Co., Crystal Broussard Photography, Fresh Blends, Hy-Vee, Ivy Lane Photography, Jumer's Casino & Hotel, Kiwanis Clubs Rock Island - Moline-Davenport, O'Dells Heating & Air Conditioning, Dr. Alta Price, Printer's Mark, Psychology Health Group, Quad City Federation of Labor, RSM US LLP, Rafferty Funeral Home, Martin D. and Barbara H. Rich Family Foundation, Ruby's Brew Off Event, Russell Inc., SSAB Iowa, Inc., Dr. John & Connie Stecker, Teamsters 238, Transitions Mental Health Services, Vietnam Vets of America 299 & 776

Kilometer Sponsor – Baked, Blackhawk Bank & Trust, Blair Westfall & Co, Dr. Ghada Hamdan-Allen, Hornbuckle Heating & Air, IBEW Local Union 145, Dr. Steve & Laura Kopp, McLaughlin Motors, Molyneux Insurance, Quad City Bank & Trust, David & Micki Quinn

Friends – River Cities Sound, Cody Road Distillery, Eastern Iowa Light & Power



Building Better Lives

With your support, we envision a better tomorrow where individuals who have a mental health condition will live happily, productive and well.

WAYS YOU CAN HELP



Donate



Join



Volunteer

Become a Member: Join NAMI and receive local and national news, as well as online access to member-only content.

- \$40 Individual
- \$60 Household
- \$5 Open Door (low-income)

Invest in NAMI Programs: Your generous gift of \$50 would pay for a participant manual for an education program. \$100 pays for peer stipends for a community presentation. \$250 sponsors a family to attend the Family & Friends Seminar.

Enclosed please find my contribution of \$50 \$100 \$250 Other _____

Volunteer: For more information, please visit www.namigmv.org/get-involved

NAME _____ PHONE _____

ADDRESS _____ CITY _____

STATE _____ ZIP _____ EMAIL _____

Check Enclosed. Make payable to NAMI Greater Mississippi Valley

Charge to my Credit Card # _____ Exp. _____/_____/_____ CVV _____

Want to join or donate online? Please visit www.namigmv.org

Please return this panel to: NAMI Greater Mississippi Valley | 1035 West Kimberly Road, Suite 4 | Davenport, IA 52806
NAMI GMV is a 501c3 nonprofit. Your donation is tax deductible under Federal Tax ID #42-1188963.

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Feelin' Stronger Every Day

Our vision at NAMI Greater Mississippi Valley is to create a better understanding and acceptance of individuals living with mental health condition. We look forward to a day when all are supportive of individuals and their families.

We have hope as we know our community is working together to make this a reality. When our education and support services are combined with other community resources, everyone wins. NAMI builds better lives – for individuals and their families.

Our nationally-developed education and support programs are unique. No other organization offers insights and builds camaraderie by bringing together individuals and families with lived experiences. Our organization also has the clinical studies that prove families can move through trauma to a place where they can effectively advocate for their loved one.

It's also our vision to provide services to all who need it. That's a tall order as we expand our geographic coverage to six counties in eastern Iowa and western Illinois. We need the organizational capacity and our community's blessing to do this.

We've been fortunate that so many individuals and organizations invest in our education programs. We're grateful for community support in launching a brand-new seminar designed to quickly give families information and supports. In 2019, we'll expand our efforts to build partnerships that help sustain these efforts.

We've had a productive year in 2018 working with a consultant. Our board of directors completed a strategic plan that will increase programming and organizational capacity. This is a first step in realizing our vision and mission.

Warmest Regards,



Angela J. Gallagher, APR
Executive Director



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Davenport, IA 52806

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NAMI Greater Mississippi Valley

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About Us

NAMI Greater Mississippi Valley is a 39-year old affiliate of the largest grassroots mental health organization in the nation. NAMI is dedicated to improving the lives of persons living with a mental health condition and their families, empowering them toward recovery.

NAMI does not provide treatment, counseling or case management; rather the organization focuses on education, advocacy and support. NAMI fills an information gap for individuals and families. Our nationally-developed programs complement treatment and are delivered by trained volunteers who have lived experiences. We serve residents of eastern Iowa and western Illinois. Funds raised here – stay here – for our no-cost education and support programs. IRS ID #42-1188963.