

NAMI Supports New Children's Behavioral Health System

Eastern Iowa Mental Health Region offers new services.

NAMI GMV has worked within the Eastern Iowa Mental Health Region to bring outreach and education programs to assist families who support an adult loved one. Now, NAMI is working within the region's new children's system to assist parents and caregivers of youth at risk for self-harm or suicide. The Region is connecting youth and their families through health care, school and juvenile justice systems to available services.

NAMI Family Support Group facilitators have previously worked with families receiving help at Robert Young Center. Now, we turn to work with Family Resources agency, Davenport, as they deliver services for the eight new youth crisis stabilization beds for the Eastern Iowa Mental Health Region.

- Family Resources offers up to a five-day stay for youth ages 8 to 17 years experiencing an acute mental health crisis. Referrals may be made by hospitals, police, home health service agencies



www.youtube.com/@NAMI_GMV

and families. Youth will receive a minimum of one hour of therapy and one hour of behavioral health intervention services daily. Family therapy will also be set up at intake. For questions or referrals, please call 563-326-6431 Ext. 3.

- NAMI GMV Parents & Caregiver of Youth Support Group are held weekly on Saturdays at 11 a.m. Trained NAMI volunteer support group facilitators offer conversation in-person and virtually. NAMI facilitators have lived experience with youth in mental health crisis. Please check our calendar of events for details at www.namigmv.org/events.

Know 988

Your help is needed to spread the word about 988 phone or text. The new number is the first step in ensuring every person in crisis gets the help they need and deserve. Through 988, an individual in crisis, or their family members, can reach trained mental health professionals for information, support and even a mobile crisis response team if needed. Iowa crisis response agencies are reporting that 97 percent of calls are resolved on the phone within 11 minutes.

A national poll released in June shows awareness of 988 has increased significantly since NAMI and pollster Ipsos started measuring it in fall 2021 – but far fewer know what 988 provides. More than three in five respondents now say they have at least heard of 988, up 19 percentage points since NAMI's last poll, but familiarity with what 988 offers help seekers remains low. Only 17% of people say they are very or somewhat familiar with 988 as a resource. To advocate for a more connected mental health system, visit www.reimaginecrisis.org.



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What We're Working On Now

NAMI family education instructor Joseph Obleton, left, and Pastor Troy Lockhart of Higher Elevation Ministries, Davenport, hosted the first NAMI "Sharing Hope" program in March. The program is designed to engage members of the Black community in

conversation about mental health and wellness. Its goal is to provide connections to local support. *Grants from the Quad Cities Community Foundation Dorothy Jane Folwell Education and Health Care Fund and United Way have made diverse outreach possible.*



In June, NAMI presented Amazon best-selling self-help author Joseph Reid of broken-people.org. His talk included mental health recovery concepts featured in his book "Broken Like Me." *The event was hosted by St. Paul Lutheran Church, Davenport, and underwritten by a grant from Janssen Neuroscience.*

The Rock Island Arsenal held a Youth Services Fair in April to prepare families for a successful summer. This was one of more than 60 NAMI community outreach events and presentations this year. Staff member Kathy Patrick, left, and daughter Keila Walker, talked with parents about mental health resources. *Active duty and veteran Service Member Family outreach is made possible by a grant from the Rock Island Arsenal Welcome Club.*





2023



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About Us

NAMI GMV is a 44-year old affiliate of the National Alliance on Mental Illness, the nation's largest grassroots organization dedicated to building better lives for individuals living with a mental health condition and their families.

NAMI offers nationally-developed evidence-based education programs proven to help families move through trauma. These programs are delivered by trained volunteers with lived mental illness experience. NAMI does not offer counseling or social services. Rather, it focuses on education, advocacy, and support. We serve residents of eastern Iowa and western Illinois. Funds raised here – stay here – for local programs. IRS ID #42-1188963

#Together4MH



Saturday, September 16
Bend XPO Amphitheater
East Moline

Walk. Advocate. Donate.

www.namiwalks.org/greatermississippivalley